Ktra Test 4:

4. How you produce your best work.

- Doing the best job is not easy. It takes effort, and it will likely stretch my(your) abilities to the limit. But it's worth it, because produce my(your) best work can give me(you) opportunities that I(you) wouldn't otherwise have. The following tips can help you stay focused.

- Firstly, we must challenge yourselves so that when faced with a boring or difficult problem at work, we will not easy to lose concentration and make mistakes. For example, we turn our work into a game to stimulate blood flow and making it easier for you to focus on the job at hand.

- Second, we can take a breather to relax our minds to help us focus more on work.For example, when stressed about something, we can stand up for a moment and take a short walk in the hallway or just close your eyes, relax your muscles and breathe deeply.

- In the end this advice is quite important. We should switch to 'no internet' mode to avoid concentration kills. Just one click to watch news or watch movies. ( For example:) As a result, your productivity is affected. Therefore, I recommend that you arrange a reasonable time to have a productive working day.

- In conclution, produce the best work really isn't easy. We need to make great efforts and focus, don't let unnecessary things demoralize us.

Thi ME

1. Nghề nghiệp tương lai ( Future job qualifications)

* (Hello, long time see no. You are fine, aren’t you. )The job I want to do in the future is a programmer. I like this job very much. Today I am writing about future job qualifications. To be a good programmer, I need many different skills. These are some important skills that every programmer needs to master in order to succeed in their careers.
* First, it's the skill of building good relationships with people. I think this is an extremely important skill for any programmer. it will help you to collaborate effectively with other developers, managers, other programmers and even customers. If you don't have the skills to work with people, you'll always run into problems, no matter how good your ideas are...( First, it is the skill to build good relationships with people. I think this is an extremely important skill for any programmer. It will help you collaborate effectively with other developers, managers, other programmers, and even customers. If you don’t have the skills to work with people, no matter how good your ideas are, you will always encounter problems...)
* Secondly, it's problem-solving capabilities. This skill is also very important for a programmer. Problem solving is a difficult skill so you have to practice a lot so that when you have a problem you can solve it. For example: Code a problem solving a system of equations or simple code, try doing it while trying to understand how the computer “ thinks”, or how it processes your commands.
* (I hope that by sharing my experiences, you will be able to choose a suitable profession.)
* In short (To put it succinctly), everyone has a different passion. However, in order to learn and pursue our hobbies and ambitions, we must all put in the effort.

1. Những người nổi tiếng…( Celebrities and their contributions and responsibilities with the society.)

- Celebrities serve as excellent role models for society. Everything celebrities do has a significant influence on society, particularly on young people nowadays. So, I think famous people have a responsibility to contribute to society.

- First, Celebrities contribute to society because they have great influence on society. Celebrities are known by many people because they always appaer on social media and when they do anything, others will follow. For example, when helping people suffering from natural disasters, they call for donations, support, etc... and it spread at breakneck speed.

- Second, when they are responsible and contribute to society, they offer a bright example for everyone to learn from and emulate, particularly today's young people. Many faults and negative behaviors are rapidly promoted on social networking sites in the age of social networking. Young individuals are extremely susceptible to being lured and infected with such unhealthy behaviors.So, when celebrities do good things, young people will follow suit. This is also a significant contribution to the development of a healthy and civilized society.

- Finally, celebrities should be responsible and contribute to society because they became famous in part due to their followers' support. They should responsibility and contribute to society by assisting people in need or the homeless. Because of the spirit and responsibility, they have gained more admirers.

- In short, we can see the significance of renowned persons from the examples above. As a result, I think celebrities must be more responsible and contribute to society.

1. Những nhân tố giúp con người vượt qua khó khăn. ( The factor helping people overcome their hardships/20)

* Most people have a healthy body, but among them there are still people born with bad luck. Today I want to share with you some factors helping people to overcome their handicap.
* First, the family factor is the most important because it is a big point from childhood to now to help them overcome hardships. There are many people with disabilities used to suffer from bullies at school by their peers, making them feel hurt. Thanks to the warm family that is always there for them when they are sad and feel the worst, they can overcome.Family is always a solid support for them.
* Second, the surrounding environment is also a factor that helps them overcome difficulties. There are many disabled schools here where they can learn hand gestures or valuable life lessons. On the contrary, If the disabled live in an environment where everyone looks at them negatively, which makes them lack confidence and always feel guilty about their shortcomings.
* In short, we trust ourselves to overcome adversity. Therefore, we must strive to strive, not to back down from difficulties.

1. Một thiếu sót- ảnh hưởng và giải pháp ( One shortcoming- effects and solutions/38)

* None of us are perfect. Everyone has flaws. However, we should try to overcome those shortcomings to become better ourselves. Personally, I think these are my 3 biggest flaws.
* First and foremost, I am a procrastinator. It has a significant impact on my job. I often miss deadlines, when I write articles, I often get bad grades because of the lack of evidence, arguments or citations. I'm always a procrastinator, no matter how hard I try. To tackle the problem, I believe I will need to attend several seminars, create to-do lists, and ask friends for help.
* Secondly,I have limited English proficiency. I can read documents and write English, but my speaking skills are limited. Sometimes I to translate into English. I think I need more practice, need to accept this shortcoming, overcome fear, shame to communicate in English more
* Thirdly,my biggest limitation is my confidence . Sometimes I always look at my shortcomings rather than at my strengths. This caused me to have fears and it made my life difficult. So I won't think much about my shortcomings and develop my strengths.
* In conclusion, after knowing my shortcomings, I think I will try and persevere to change, then I will overcome it.

Wrting test 2:

1. How fear affect you physically.

Dear Huong,

Hello, long time no see. You are fine, aren’t you. Today, I am writing this email about how fear affect I physically.

In society there are many people who have fears and I am also one of them. fear often stems from stress, life pressure, negative emotions, bewilderment at the threat.

The first time I felt nervous and scared was the university entrance exam. Although I studied a lot, when I took the exam, my hands were shaking and sweating so much that I couldn't hold the pen tightly. When I sat for the exam, my stomach was filled with fear. it prevented me from doing well on the test. that is the obsession of my life. every time I repeat ,i feel like my heart's going to jump right out of my chest.

The next bad thing happened last Saturday night. I have an article on the subject of covid. I get such horrible butterflies in my stomach that I think I won't be able to finish the article in time to submit.

1. Some factors that contribute to the success of people who have handicaps.

1. who do you consider a hero?

* In life there are always groups of people who like safety and some who like to take risks. Among those who like to take risks, there are those who use their risky challenges to do dangerous and unsposed things but on the contrary, there are people who use their courage to help many people and that is heroism. Now, I will tell you know who is a real hero. To become a hero they constantly strive to train themsleves.
* First, heroes are people who dare to do things that others dare not do.

+ They date to sacrifice their own lives to protect others from danger.

+

+eg:

* Second, heroes are also kind-hearted, wise, brave, and have good moral qualities.

+ eg:

* In short,……

1. Shortcomings and how to overcome.

Unit 2: Lesson 2

1.

Dear Huong,

Hello, long time no see. You are fine, aren’t you. Today, I am writing this email about a time my suffered from a terrible fear with physical effects.

Speaking of which, my greatest apprehension is the college entrance exam. It continues to haunt me to this day. I recall that due to the epidemic, we had to postpone the exam until the beginning of August. At home, I don't do much studying and instead prefer to play. I rushed to study face down about a month before the exam. I was concerned that I would not be admitted to the school of my choice. On the day of the examination, I was concerned that I would not be able to complete it. When I took the test, my hands shook, my sweated palms, and I felt butterflies in my stomach.... When I got the findings, my heart was palpitating so hard that it seemed like it was about to jump out of my chest…. And I failed the university I wanted to attend. ☹ ☹

That was the time I dreaded the most. I’m hoping you can empathize with me about that scary error.

Your best fiend,

Linh

Unit 1: Lesson 4

Dear My,

Hello, long time no see. You are fine, aren’t you. I heard you have an important interview coming up next week, so I am writing this email about to share with you some tips for landing a job interview. I’ll show you two do’s and don’ts when interviewing a job.

Firstly,

- You arrive on time because time is very important in interview.

Eg: If you are late for a job interview, you will almost always a disqualifier leave a bad impression on the interview, so you should arrive on time.

* You should listen to the interviewer’s questions and you can ask questions related to the position you are applying for.

Secondly,

* You should not talk to much, rambling is not related to the issue to be interviewed if you do not want to fail the interview.

Eg: You should speak to the right focus, concisely, without saying too much, or rambling to make the interview go smoothly.

All in all, I hope my tips can help you. Looking forward to your earliest response on that interview.

Your best friend,

Linh